



THE PRESERVE AT WILDERNESS LAKE

OCTOBER 2024

WILDERNESS LAKE
P R E S E R V E

NATURE'S NEWS

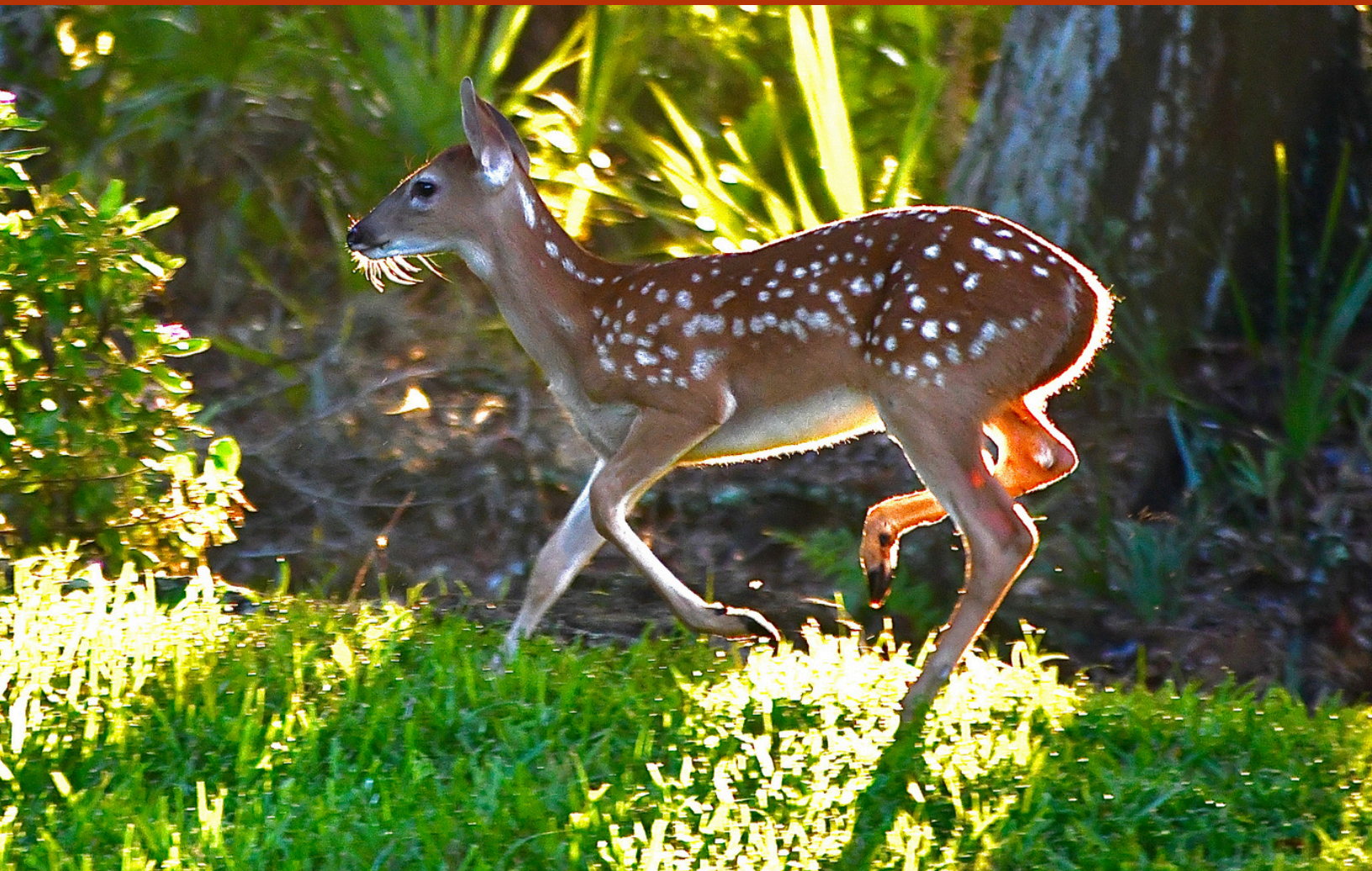


Photo Credit: Barry White

**Sand
Volleyball**

**Recipe of the
Month**

**Releasing the
Carp!**

**NEW Yoga and
Meditation Classes**

Printed Copies Available at the Lodge.

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Our Sand Volleyball Court

Volleyball, introduced in 1896 as an alternative to basketball, is credited to an instructor at a YMCA facility in Holyoke, Mass. In 1920, a small group of Los Angeles, YMCA players took the game to Sorrento Beach in California. Some say the small group, tired of waiting for others, simply divided up the teams of two, instead of six. In 1992, the game was introduced to the Summer Olympic Games and with 107,000 spectators, became an official Olympic sport in 1996. As a result, beach volleyball (aka sand volleyball) is now played throughout the world. Even in our community here at The Preserve at Wilderness Lake!

Interesting facts:

The beach(sand) volleyball is slightly bigger, softer and has lower pressure (to reduce wind drag) than a typical volleyball.

Tipping the ball over the net is allowed, but only with a closed hand. Unlike indoor ball, an open-hand ball, an open-hand tip is a foul so the players use the “cobra” for the most popular; a simple fist, and five extended fingers.



Block signals by the net player show the server behind him which direction he will block. He also indicates which opponent to serve to by “flashing” his index finger or hand.



Wildlife Updates...



The CDD will be releasing Grass Carp into the Bay Lake.

(Date to be determined.)

Purpose: The Grass Carp will assist in managing the overgrowth of vegetation. To encourage the Carp to eat the vegetation, we will pause feeding of the fish and turtles until further notice.

Grass Carp Facts: As the name implies. Grass Carp consume floating aquatic plants and submerged grasses (rooted macrophytes, as opposed to algae); they will also eat detritus, insects and other invertebrates when necessary. Because of their feeding behavior, they are used in this country under special restricted circumstances to help manage aquatic plant problems. Many aquatic plants that pose problems in Florida are exotic and have few natural insect or disease controls, consequently they frequently create problems with access, navigation, flood control, irrigation and aesthetics.



Credit: Florida Fish and Wildlife

Wildlife in Our Community!

The Preserve at Wilderness Lake is a thematic 680-acre community that offers a spectacular blend of natural beauty, wildlife, and resort-like amenities. The scenic setting of the 32-acre spring fed lake and surrounding natural areas are ideal habitats for numerous wildlife species. Most wildlife fear humans and rarely pose a threat, but close encounters are occurring more often. To coexist with the wildlife in our community, the Fish and Wildlife Commission offer the following suggestions in minimizing unpleasant encounters.

- Ensure trash is secured.
- Remove pet food and water bowls from outdoor areas.
- Avoid allowing pets to roam freely.
- Refrain from feeding the wildlife.
- Observe wildlife from a distance.
- **Most importantly, discharging a firearm to harm/hunt wildlife is not permitted.**

If you have questions or concerns, please contact the Lodge.
(813) 995-2437.



Football Word Search

A	L	O	Y	F	P	M	W	Q	E	L	K	C	A	T	P	G	U	K	K
B	Y	R	E	F	Y	S	K	D	X	D	R	I	V	E	T	P	C	E	E
D	L	E	I	F	K	C	A	B	T	X	A	D	C	J	K	A	J	F	U
F	X	D	D	K	K	M	N	P	R	T	L	V	C	R	B	V	G	U	Q
G	L	Q	E	N	O	Z	D	J	A	E	G	G	V	R	E	Y	M	M	R
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R	G	Y	Y	I	P	I	K	C	V	Z	H	N	N	L	Q	F	B	C	Y
U	E	F	K	M	B	S	O	C	R	R	J	E	Z	E	D	F	L	S	J
S	R	T	O	E	A	U	A	W	A	E	R	S	K	W	L	D	L	R	X
U	V	C	U	C	J	A	E	X	F	B	T	K	T	P	X	K	U	V	A
M	N	D	K	R	W	V	A	O	A	A	F	N	Y	O	A	D	F	H	V
I	Z	I	I	H	N	G	H	C	I	I	I	L	I	H	Z	N	A	K	R
P	D	D	A	C	K	X	K	I	R	O	L	Z	A	T	D	E	S	V	F
A	S	K	O	H	V	Q	Q	M	P	T	B	G	Z	H	W	Y	T	K	I

BACKFIELD
CORNERBACK
END
FIELD
GOAL
HUDDLE
KICKOFF
PUNT

SNAP
ZONE
CATCH
DOWN
EXTRA
FULLBACK
GUARD
INCOMPLETION

QUARTERBACK
SACK
TACKLE
CENTER
DRIVE
FAIR
FUMBLE
HALFBACK

POINT
RED
SAFETY
ZONE
INTERCEPTION
LINEBACKER
RETURN

One Pot Stove-Top Pumpkin Mac and Cheese



Ingredients:

2 tablespoons salted butter
2 cloves garlic, smashed
1 tablespoon fresh thyme leaves
9 leaves fresh sage
1 pound short-cut pasta
1 cup canned coconut milk or whole milk
3 ounces cream cheese, cubed
1 cup pumpkin puree
1 ½ cups shredded sharp cheddar cheese
1 ½ cups shredded creamy gouda cheese
1 teaspoon garlic powder
1 teaspoon onion powder
1 teaspoon paprika
¼ teaspoon cayenne pepper
¼ teaspoon nutmeg
Kosher salt and black pepper

Directions:

1. Melt the butter with the garlic, thyme, and sage in a large pot set over medium heat. Allow the butter to brown around the garlic, 3-5 minutes. Once browned, remove the sage leaves and set aside.
2. To the pot, add the pasta and toss with the butter. Add 4 cups of water and bring to a boil over high heat. Add 1 1/2 teaspoons salt. Cook, stirring occasionally, for 8 minutes. Do not drain the water. Stir in the milk, cream cheese, and pumpkin, and cook until the cream cheese has melted and the pasta is al dente, about 4-5 minutes more.
3. Pick out the garlic cloves and set aside. Add the cheddar and Gouda, onion powder, paprika, cayenne, and nutmeg, and stir until melted and creamy. Remove from the heat. 45. If desired, chop or mash the garlic and stir in the pasta. Season with salt and pepper. If the sauce feels thick, add ¼ cup milk or water to thin.
4. If desired, chop or mash the garlic and stir in the pasta. Season with salt and pepper. If the sauce feels thick, add ¼ cup milk or water to thin.
5. Divide the mac and cheese between bowls. Top with black pepper, the reserved sage, and grated nutmeg.

Credit: Half-Baked-Harvest

Strike a Pose



Photo credit: Allison Pasquerella



Photo credit: Allison Pasquerella



**A special “Thank You” to all who have shared
photos of the local wildlife.**

**If you have a special wildlife photo to add to the newsletter,
please forward the photo(s) to events@wlplodge.com.**

You never know, it could adorn the cover!

You're invited to
LADIES NIGHT

Friday,
October
4th



6PM

Join us for a fun night!
Light appetizers will be served.

Please RSVP @ (813) 995-2437.

Art Class



THIS
MONTH'S
PROJECT

SAT. OCT. 5TH, 12-3PM

RSVP@ (813) 995-2437

Family Festival

**SATURDAY,
OCTOBER 12TH
3-6 PM**

FOOD - DJ - GAMES

BOUNCE HOUSE

PETTING ZOO

PUMPKINS

FACE PAINTING

CAKE WALK

HAYRIDES

* Bratwurst Plate \$3.00 * Hot Dog Plate \$2.00 *
Pretzel Bar \$1.50

Oktoberfest

For planning purposes, stop by the Lodge
to RSVP and Pre-Pay!

This month's project.



Instructor:
Joe Bastasich

SIP & PAINT

COST:
\$30

Friday, October 18th
6:00 PM

RSVP @ (813) 995-2437

JOIN US! **Community Garage SALE**

SATURDAY, OCTOBER 19th
8:00 AM

SIGN UP NOW TO BE INCLUDED ON THE MAP!

Registration Fee: \$5.00
 Includes: Local Ads, Maps, & Sign Permit

Please register with the Lodge by
 Wednesday, October 16th.



BEST DECORATED HOUSE CONTEST

TUESDAY, OCTOBER 29TH

Dust off your Halloween decorations and transform the outside of your home and yard for all the goblins and Trick-or-Treaters! Judging will be conducted by a non-resident. Three non-monetary prizes will be awarded.

Register with the Lodge by Monday, October 28th
 @ (813) 995-2437.



HAUNTED HOUSE **\$2 ENTRY**

FRIDAY OCT. 25TH 7-9 PM (SCARY)
SATURDAY OCT. 26TH 5-6 PM (KIDS)
SATURDAY OCT. 26TH 7-9 PM (SCARY)

LOCATED IN THE NATURE CENTER



KID'S COSTUME PARADE

THURSDAY OCT. 31ST 5:30PM

Before your trick-or-treating festivities begin, swing by the Lodge and show off your awesome costumes! After the parade, we will give out a few prizes!





DONATE BLOOD

The Preserve at Wilderness Lake CDD

Saturday, October 5
11:00 AM - 3:30 PM

All donors receive*:

- **\$20 eGift Card**
- **Halloween T-shirt**
- **Wellness Checkup** including blood pressure, pulse, temperature, iron count, and cholesterol screening.

Fact: Only 3% of those who are eligible actually donate blood.



Appointments are encouraged, please visit oneblood.org/donate-now and use **sponsor code 15051**

ID REQUIRED

*One offer per donor, per donation. No cash value. Not-transferable. Gifts may vary. For more information please visit oneblood.org/details

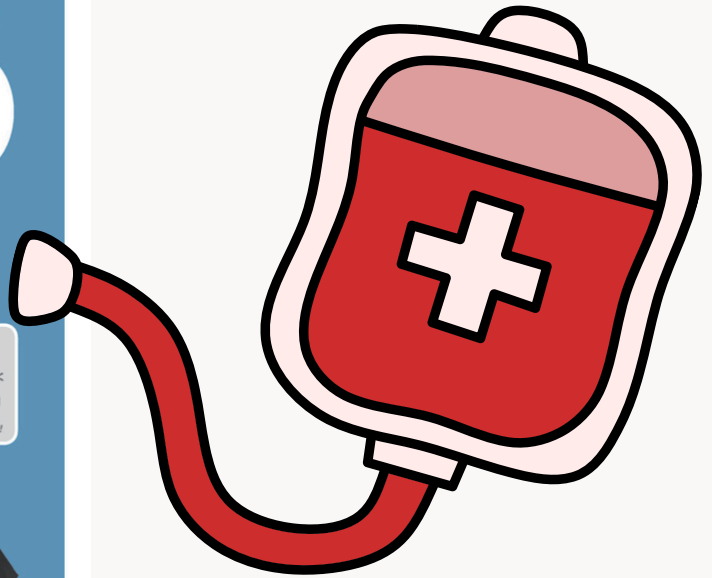
Donors
Receive



- PLUS -



- PLUS -



Hurricane Recheduled Date



WILDERNESS LAKE PRESERVE FALL PUMPKIN Craft

Create a wood pumpkin!



free

Light Refreshments

October 10th-6:30-8:30PM

PLEASE RSVP @ (813) 995-2437

THE PRESERVE AT WILDERNESS LAKE *presents*

WHAT'S HAPPENING

Fall

Craft Fair

Get your holiday shopping started at the Lodge! Find special and unique gifts for everyone on your list!

**Saturday
Nov. 16, 2024**

10AM-3PM

Local artists and craftspeople will have booths set up throughout the Lodge. Come shop for seasonal crafts, art, candles, soaps, jewelry, home décor, clothing, and much, much more!

Contact the Lodge for information or to reserve a spot. (813) 995-2437

Price: \$10.00 per vendor booth

SPA SERVICES



BASIC MANICURE

Nails will be shaped, cleansed and pampered. You will receive a hand and arm massage and finished with your choice of polish.

\$15



ISLAND GETAWAY

Enjoy tropical fragrances as you are pampered! After nails are shaped and cleansed, you will receive an invigorating anti-aging hand exfoliation that is completed with a hot towel wrap. A soothing arm and hand massage will relax you and will be finished with polish of your choice.

\$20



BASIC PEDICURE

Shaping of nails and exfoliation begin this pedicure followed with thorough cleansing of feet, a relaxing massage and polish. Aromatherapy will heighten the senses leaving you feeling refreshed and beautiful!

\$28



MILK AND HONEY PEDICURE

After your feet are soaked and cleansed, you will lose yourself in the experience of a mud mask for the feet and long massage for total relaxation.

\$35

SPA SERVICES AT WILDERNESS LAKE

SPA SERVICES

NO POLISH PEDICURE

Using a blend of Peppermint and Pine Oils, feet will be soaked, toenails filed and feet exfoliated. A long massage will complete the experience.

\$28

MINI MANI PEDI COMBO

This package is an abbreviated combination of the traditional manicure and pedicure. Fingernails will be shaped, buffed and polished. Feet will be soaked, toenails shaped and buffed and a light massage will be given. Polish will be applied.

\$30

PRINCESS PAMPERING

This is a combination mani-pedi specifically designed for the young ladies! Nails will be shaped and cleansed and polish will be applied to hands and feet. (Ages 14 and under)

\$22

CND SHELLAC MANICURE

14-day wear polish with ZERO dry time which is finished with a hand and arm massage.

\$28



ADD ON SERVICES

Buff and Polish Change \$8
Add a French manicure \$3
Nail Repair \$2
Rhinestones and decals (per nail) \$2

HOURS MONDAY - FRIDAY APPOINTMENT ONLY
PLEASE CALL THE LODGE FOR MORE INFORMATION

October 2024



SUN	MON	TUE	WED	THU	FRI	SAT
29	30	1	2 CDD Mtg 9:30AM Food Trucks 5PM	3	4 Ladies Night 6-8PM	5 Blood Drive 11-3:30PM Art Class 12-3PM
6	7 Storytime 10AM	8	9 Food Trucks 5PM	10 Pumpkin Art 6:30PM	11	12 Family Fesitval 3-6PM
13	14 Storytime 10AM ARC Mtg 6:30PM	15	16 Food Trucks 5PM	17	18 Sip & Paint 6:00PM	19 Community Garage Sale 8AM
20	21 Storytime 10AM	22 HOA Mtg 6:30PM	23 Food Trucks 5PM	24	25 Haunted House 7-9PM (Scary)	26 Haunted House 5-6PM (kid friendly) 7-9PM (Scary)
27	28 Storytime 10AM ARC Mtg 6:30PM (Zoom)	29 Best Decorated House Contest	30 Food Trucks 5PM	31 Kid's Costume Parade 5:30PM	1	2





**Classes begin 2nd
week of September**

**Tuesdays 9:30-11:30am
Monday and Wednesday
5:00-8:00pm**

TENNIS/PICKLEBALL PROGRAMS



LORI MILES

30 years teaching experience
USPTA Certified Professional
USTA/ITA Official Certified
YouthFitness Instructor



AHMED "MADO" AREF

USPTA Professional
10+ years teaching experience
PTA Certified Canada
GPTCA Level C Professional



JOVANA ANTONIJEVIC

Former WTA Tour Player
NCAA All-American
USPTR Certified Professional

PETER CHOW

Director of Racquet Sports

Offering Adult and Junior Programs for all ages.
Including group classes and private lessons.

Peter brings more than 30 years of teaching experience
to the community.

He is currently the Director of Racquet Sports at:
Long Lake Ranch, Cordoba Estates, K-BAR Ranch, Arbor
Greene and Wilderness Lake.



USPTA Elite Tennis Professional
Adidas National Team
HEAD Advisory Staff Member

CALL TODAY:

813-451-3150

CHOWCHINO7@AOL.COM



CHECK OUT THESE RESIDENT & VENDOR
CLASSES AND CLUBS AT WILDERNESS

CLASSES & CLUBS



Ladies' Bible Study

Wednesdays 10:00AM

Contact Shuyan at: 970-978-7568

Contact Janice at: 727-776-5723



Yoga

Tuesdays & Thursdays 8:40AM & 9:55AM

Contact LuAnn at: 813-846-0874

Email: imgagain@yahoo.com (COST: \$5)



Water Aerobics

Monday - Friday 9:00AM - 10:00AM



Walking

**Walking, Strength & Toning Monday,
Wednesday, Friday 9:30AM - 10:45AM**



Pickleball Rocks

Tuesday & Thursday 6:30PM

Contact Susan at: 602-315-0757



Chat'hers Club

**Ladies' Social Club - This year the
Chat'hers are sponsoring Hospice.
Contact Telicia at: 786-301-4506**

CHECK OUT THESE RESIDENT & VENDOR
CLASSES AND CLUBS AT WILDERNESS

CLASSES & CLUBS



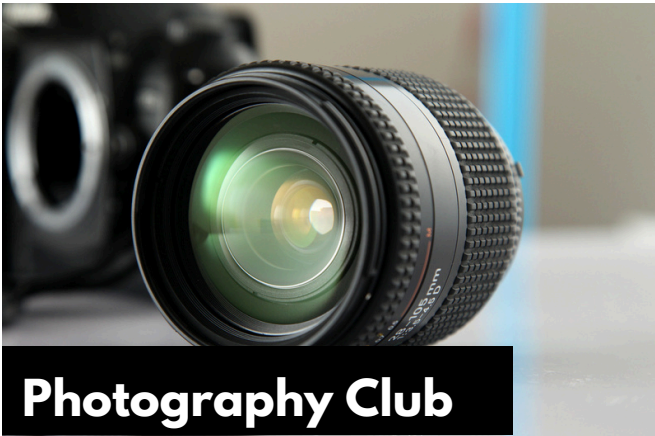
Rummikub

Thursday 1:00PM
Activities Center



Mahjong

Monday 1:00PM
Activities Center



Photography Club

1st Wednesday of the month 6:30PM
Theatre



Core Health

Every other Saturday - 10:00AM
Activities Center



Interested in starting a club?
Contact the Lodge today at (813) 995-2437
or email us at events@wplodge.com.

STORYTIME

Meet us in the Nature Center every Monday at 10:00AM for a morning filled with reading, singing, making crafts, and a delicious snack.



ROCK PAINTING





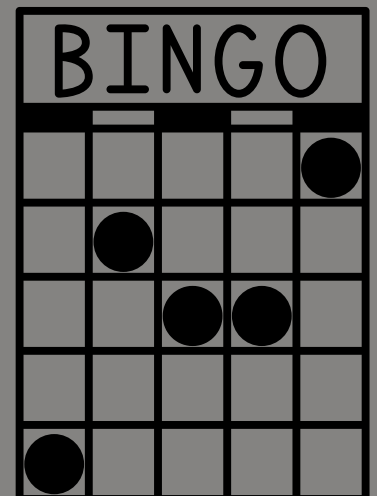
YAPPY



HOUR



BINGO



ART CLASS



Sip & PAINT



Save The Date

gobble! gobble!

WLP ANNUAL **THANKSGIVING TURKEY TROT**

5K RUN
WALKERS AND STROLLERS WELCOME!

NOVEMBER 28TH
MEET AT THE RANGERS STATION AT 7:45AM
RACE BEGINS AT 8AM
RUN TO CORMORANT COVE AND BACK

RSVP by Nov 27th
@ (813) 995-2437

Please bring a donation for the Pasco County Animal Services. They are accepting cat and dog food, blankets, towels, toys and treats!

HOLIDAY VOLUNTEERS NEEDED!!



OPPORTUNITIES TO HELP

Holiday Art/Craft Fair

11/16

Santa's Arrival

12/7

Breakfast with Santa

12/21

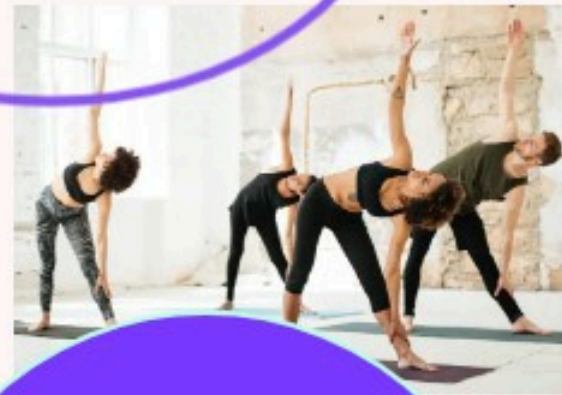


YOGA & MEDITATION



NEW

**Meditation and Yoga
Classes in the Nature Center
Tuesday 10/1 @ 8PM
Wednesday 10/16 @ 7:30PM
Friday 11/1 @ 7:30PM
Monday 11/4 @ 8PM**



**NEW - Evening
Yoga Classes
Mondays
7:30PM in the
Aerobics Room**



**For additional information or to sign up, please contact
Lu-Ann Guariniello @ (813) 846-0874 or lmgagain@yahoo.com.**

**No experience necessary! All ages and abilities
are welcome. Bring a mat/blanket and water.
You may sit in a chair, if you prefer.**

GET IN TOUCH WITH US

CONTACTS

WILDERNESS LODGE

21320 WILDERNESS LAKE BLVD.

LAND O' LAKES, FL 34637

813-995-2437

BOARD OF SUPERVISORS

HOLLY RUHLIG, CHAIR

HEATHER HEPNER, VICE CHAIR

BETH EDWARDS, SECRETARY

JOHN STAPLES, SECRETARY

AGNIESZKA FISHER, SECRETARY

SUPERVISORWLP4@GMAIL.COM

SUPERIVISORWLP5@GMAIL.COM

SUPERIVISORWLP2@GMAIL.COM

SUPERIVISORWLP3@GMAIL.COM

SUPERIVISORWLP1@GMAIL.COM

DISTRICT STAFF

TISH DOBSON

LODGE & DISTRICT MANAGER

TERRI OAKLEY

ASSISTANT MANAGER

LIFESTYLE COORDINATOR

MANAGER@WLPLODGE.COM

TOAKLEY@WLPLODGE.COM

EVENTS@WLPLODGE.COM

LODGE HOURS OF OPERATION:

SUNDAY: NOON - 9:00 PM

MONDAY - FRIDAY: 9:00 AM - 9:00 PM

SATURDAY: 10:00 AM - 10:00 PM

GARBAGE PICKUP - WASTE CONNECTIONS

727-847-9100

RECYCLING:

WEDNESDAYS

FITNESS CENTER HOURS OF OPERATION

OPEN 365 DAYS WITH ACCESS CARD

5:00 AM - 11:00 PM

EVENT BOOKING & SPACE RENTALS

CALL THE LODGE

NAIL TECHNICIAN:

SERVICES AVAILABLE MONDAY - FRIDAY BY APPOINTMENT ONLY

MEETING HIGHLIGHTS

The regular meeting of the Board of Supervisors of the Preserve at Wilderness Lake Community Development District was held at 9:30 AM on Wednesday, September 4, 2024. The official minutes will be posted on the District's website once they are approved by the CDD Board of Supervisors during the next scheduled meeting.

Aquatics Report

Updated the Board on the following:

- Release of the Grass Carp.
- Maintenance Schedule.
- Movement of stormwater through the system.
- Treatment of Cogon Grass in several sections of the community.

Community & District Manager

Discussion ensued on the following:

- Splash Pad surface – bubbling and peeling.
- Towing of vehicles from CDD property.
- Wild Boar activity in the Deerfields.
- Front entrance repair.
- Staffing.
- Lodge playground ADA ramp.

Landscaping Report

- Updated the Board on the condition of the landscape.
- Discussion ensued on the 2024 Plant Pricing Exhibit.



NEXT CDD MEETING:
Wednesday, October 2nd
9:30 AM